

PE Curriculum Coverage 23-24

PE Days

F1 – Planned into provision every week – PE day TBC

F2 – Tuesday

Y1/Y2 – Dance (Jess) – Friday

Athletics and gymnastics (Rich) – Thursday

Get Set 4 PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
F1	<ul style="list-style-type: none"> Fundamental skills Unit 1 Understanding how to use new equipment. Moving and travelling safely. 	<ul style="list-style-type: none"> Fundamental skills Unit 2 	<ul style="list-style-type: none"> Gymnastics Unit 1 	<ul style="list-style-type: none"> Dance Unit 1 	<ul style="list-style-type: none"> Ball Skills Unit 1 	<ul style="list-style-type: none"> Games Unit 1 Athletics - Sports day preparation Whole school dance celebration day (last week).
F2	<ul style="list-style-type: none"> Introduction to PE Unit 1 Understanding how to use new equipment. Recap Fundamental skills – (Teacher judgement) 	<ul style="list-style-type: none"> Introduction to PE Unit 2 	<ul style="list-style-type: none"> Gymnastics Unit 2 	<ul style="list-style-type: none"> Dance Unit 2 	<ul style="list-style-type: none"> Ball Skills Unit 2 	<ul style="list-style-type: none"> Games Unit 2 Athletics - Sports day preparation – Rich Whole school dance celebration day (last week).
Year 1	<ul style="list-style-type: none"> Dance - Jess Fundamental Skills 	<ul style="list-style-type: none"> Athletics - Rich Ball Skills 	<ul style="list-style-type: none"> Dance - Jess Ball Skills 	<ul style="list-style-type: none"> Gymnastics - Rich Team building games 	<ul style="list-style-type: none"> Dance - Jess Athletics 	<ul style="list-style-type: none"> Athletics- sports day preparation Games / Yoga Whole school dance celebration day (last week).
Year 2	<ul style="list-style-type: none"> Athletics - Rich Fundamental Skills 	<ul style="list-style-type: none"> Dance - Jess Ball Skills 	<ul style="list-style-type: none"> Gymnastics – Rich Athletics 	<ul style="list-style-type: none"> Dance - Jess Team building games 	<ul style="list-style-type: none"> Tri Golf - Rich Ball Skills -<i>Striking and Fielding (Rounders)</i> 	<ul style="list-style-type: none"> Athletics- Sports day preparation Dance / Yoga – Jess Whole school dance celebration day (last week).

EYFS

Opportunities are planned into the continuous provision areas.

Daily gross and fine motor skills.