

Physical Education at Halfway Nursery Infant School

Curriculum Intent

At Halfway Nursery Infant School, our vision is to ensure that all children leave our school physically literate. Children will gain the knowledge, skills and motivation necessary to equip them for a healthy lifestyle, body, mind and lifelong participation in physical activity and sport. The teaching of physical education at Halfway is inclusive and enables children to learn a range of skills. Every child has access to a full afternoon of PE as well as 30 minutes of physical activity during the school day. This will be through the delivery of PE lessons, active lessons across the curriculum and active breaks and movement sessions. These opportunities are built into the school day as and when they are needed.

We provide opportunities for the children to access sports clubs and compete in competitive sports at a range of sporting events. These opportunities along with PE lessons should build confidence, self-esteem and help to develop values such as respect, fairness and building relationships.

In our foundation stage, we provide high quality opportunities for children to be active on a daily basis and develop their coordination, control, and movement.

Implementation

At Halfway Nursery Infant School, PE is planned and delivered for one afternoon per week. All programmes of study in the National Curriculum are planned for and delivered within EYFS and KS1.

The scheme of work we use for PE is **Get Set 4 PE**. Each lesson is taught by the class teacher. In KS1 our class teachers teach one of the lessons and they also teach another lesson with one of our two PE specialists. The PE specialists teach dance, gymnastic, games and athletics to ensure that staff are supported and updated with specialist knowledge regularly. These lessons either take place in the hall or outside on the playground or field. As well as weekly PE lessons, children are encouraged to be active learners throughout their school day. PE equipment is checked and tidied weekly and resources are replaced when necessary.

Class teachers plan active lessons across the curriculum and schedule their own active breaks and movement sessions when they feel they are necessary

and best fit within their day. We also provide physical, gross motor and fine motor interventions across school for children with additional needs.

In our foundation stage, we offer opportunities for the children to develop their gross motor skills as well as their fine motor skills in order to meet the Early Learning Goal at the end of Foundation stage 2. We have outdoor provision available in F1 and F2 to support physical development.

In addition to the opportunities given throughout the school day, after school sports clubs are offered to all children. These clubs build on skills taught within the PE lessons as they are run by our PE specialists. They are usually themed around the seasons of the year or special events and celebrations.

Whole school sporting events are organised to promote physical activity and healthy lifestyles. These events occur annually and some of which include: sports day, health and wellbeing week, Skip-a-thon and National Fitness Day. We also have good links with our local family of schools where we have opportunities to visit and take part in sporting events and festivals. This also contributes towards the children's aspirations when they are transitioning into Y3 and Y7.

We also have timetabled active playtimes to give children opportunities to join in with team games and physical activities. These activities are modelled and are overseen by an adult to ensure they are accessed appropriately.

Impact

The impact of PE at Halfway Nursery Infant School is to ensure that children have the confidence and fundamental skills to take part in, and/or succeed in a range of different sports. Children will leave our school with lifelong skills and knowledge which they can continue to develop as they move through their education journey.