PSHE & Citizenship Skills Progression		
Confidence & Responsibility		
Y1	Y2	Progression for Greater Depth & Mastery
• Take and share responsibility, for example, for their own behaviour • Recognise what they like and dislike, what is fair and unfair • Recognise what they are good at from what others tell them • Express positive qualities about themselves	• Understand the difference between impulsive and thinking behaviour • Share their opinions on things that matter to them • Recognise name and deal with their feelings in a positive way • Reflect on and evaluate their own experiences to set simple goals • Respond with increasing confidence to new people and situations	• Ask questions and be able to talk about their views, thoughts and feelings on issues that affect themselves and their class • Begin to recognise their worth as individuals by identifying positive things about themselves and their achievements • Be able to face new challenges positively and know when to seek help • Be able to identify the range of jobs carried out by people they know
Active Citizens		
Y1	Y2	Progression for Greater Depth & Mastery
• Continue to develop empathy for others • Recognise what is right and wrong and show responsibility for themselves and others in different situations • Make, agree and follow rules for their group and classroom • Know how to apologise and make amends • Realise that people and other things have needs • Develop understanding of groups they belong to	• Listen and respond in group discussions • Express own views with increasing confidence • Participate in a simple debate about school issues • Identify different choices they can make • Recognise the difference between right and wring • Able to make "I" statements instead of blaming others • Beginning to understand that they	• Value contributions of others in discussion • Begin to develop negotiating strategies • Participate in making and changing rules • Contribute to decision making in a small group

• Contribute to the life of the class and school • Ask questions of a range of adults	have more responsibilities to meet the needs of living things • Begin to understand what harms their local, natural and built environments and make suggestions to improve them • Work together as a class or group on a project	
Healthy Living and Safer Lifestyles		
Y1	Y2	Progression for Greater Depth & Mastery
• Begin to make simple choices that improve their health and well being • Begin to maintain personal hygiene • Begin to understand that certain actions spread disease • Identify the main parts of the body • Say no when subject to pressure/ something feels wrong • Ask for help from adults	• Make simple choices that improve their health and well being • Maintain personal hygiene • Understand that certain actions spread disease • Understand rules for keeping safe in the environment (roads, railways, people, fire, water) and recognise potential risks to self and others • Make sensible choices (food, games, television, money)	• Begin to make informed choices (food, exercise, lifestyle) • Follow simple, safe routines to reduce the spread of bacteria/ viruses • Manage hygiene procedures
Relationships		
Y1	Y2	Progression for Greater Depth & Mastery
• Listen to other people, and play and work co-operatively • Develop a caring attitude towards family, friends and each other • Greet and talk with adults • Develop positive relationships through work and play • Recognise worth in others and say	• Recognise how their behaviour affects other people • Identify and respect the differences and similarities between people • Understand there are different types of teasing and bullying, that bullying is wrong, and how to get help to deal with bullying (including cyber bullying)	• Understand that their actions affect themselves and others • Able to empathise with another viewpoint • Consolidate understanding of differences and similarities between people • Recognise their own and other

why someone is special to them • Make new friends and cope with losing friends	• Consider social and moral dilemmas that they come across everyday • Voice differences of opinion sensitively and courteously	people's feelings • Initiate friendships